

Nutritional Holdings Limited
(Registration number 2004/002282/06)
(Incorporated in the Republic of South Africa)
Share Code: NUT ISIN: ZAE000156485
("Nutritional Holdings" or "the Company")



UNAUDITED CONDENSED CONSOLIDATED INTERIM RESULTS FOR THE SIX MONTHS ENDED 31 AUGUST 2019

1. SALIENT FEATURES

Revenue decreased by 14% to R16.706 million, from R19.430 million in the prior corresponding period.

Headline loss per share ("**HLPS**") decreased by 62.5% % to -0.03 cents per share, from -0.08 cents per share in the prior corresponding period.

Loss per share ("**LPS**") decreased by 62.5% to -0.03 cents per share, from -0.08 cents per share in the prior corresponding period.

2. SHORT-FORM ANNOUNCEMENT

This short-form announcement is the responsibility of the directors of the Company. It contains only a summary of the information in the full announcement ("**Full Announcement**") and does not contain full or complete details. The Full Announcement can be found at:

<https://senspdf.jse.co.za/documents/2019/JSE/ISSE/NUT/Interims.pdf>

Copies of the Full Announcement is also available for viewing on the Company's website at <http://nholdings.wixsite.com/nholdings/investor-information> or may be requested in person, at the Company's registered office or the office of the designated advisor, at no charge, during office hours.

Any investment decisions by investors and/or shareholders should be based on consideration of the Full Announcement, as a whole.

Durban
14 October 2019

Designated Adviser
PSG Capital



PSG CAPITAL