

**NUTRITIONAL HOLDINGS LIMITED**

(Incorporated in the Republic of South Africa)

(Registration Number 2004/002282/06)

Share code: NUT

ISIN: ZAE000156485

("NUT" OR "the Company")

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**NO CHANGE STATEMENT AND NOTICE OF ANNUAL GENERAL MEETING**

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Shareholders of the Company ("**Shareholders**") are hereby advised that the Company's integrated annual report ("**Integrated Report**"), incorporating the full audited consolidated annual financial statements of the Company for the year ended 28 February 2018 ("**Annual Financial Statements**") and the notice of the annual general meeting of the Company ("**AGM**") was dispatched to Shareholders today, 29 June 2018, and contains no modifications to the results which were announced on SENS on 30 May 2018.

The Integrated Report and the Annual Financial Statements will also be available on the Company's website, [www.nholdings.co.za](http://www.nholdings.co.za) at as from today, 29 June 2018.

**NOTICE OF AGM**

Notice is hereby given that the AGM will be held at 10h00 on Friday, 31 August 2018 at Unit 20, The Boulevard Business Park, 14 Belladonna Road, Cornubia Industrial Park, Durban to transact the business as set out in the notice of AGM which forms part of the Integrated Report.

The date on which Shareholders must be recorded as such in the share register of the Company to be eligible to vote at the AGM is Friday, 24 August 2018 with the last day to trade being Tuesday, 21 August 2018.

Johannesburg  
29 June 2018

Designated Advisor  
PSG Capital



PSG CAPITAL